

KARTIK INSPIRATIONS 2022

AWAKENING SPIRITUAL VISION

Welcome to today's Kartik Inspirations. This day I will make an exception and speak about the wonder of the key to Vrindavan's miracle. Anyone who goes to Vrindavan must know that there is a key that unlocks the unearthly, the transcendental, the spiritual, the uppermost holy land, and this key is humility. We have so often heard that humility is the key to the kingdom of God.

What does this really mean in practice, though? How do you practice humility? Well, perfect or pervading humility is practiced with heart and mind, speech and body, almost as a sadhana.

With the heart, you practice repentance. You look at your life, and you know that you are trying but often failing, so you repent for these failures.

Humility on the level of the mind means to look at yourself and see that when there is some unfavorable thought, a mistaken thought, it needs to be checked and corrected.

Humility on the level of the speech means to practice true speech, to watch what leaves our mouth, and to use our tongue to glorify the Lord, say favorable things, and sing kirtans.

And finally, humility on the level of the body means to bow down and to render service with the hands and with everything else.

I think humility is a vision of reality. Let us go back in time. There we were as little embryos with no hands, legs, or mouth, but Krishna was with us. And slowly, by His divine arrangement, we developed this human body: hands to render service, feet to walk to holy places, a mouth to glorify, and intellect to understand that in this world of temporary matter, we should secure our safe position in the kingdom of God. Yes, by His mercy, we were growing and unfolding like a flower when the sun shines.

So humility means to see all this and to check when you are not on the course, not on the right track. Humility at once inspires you and protects you and clarifies your vision so that you can see the finer points of the spiritual reality. I think true humility is a God-given miracle!

Wishing you all the best and see you for the next Kartik Inspiration.

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Rāṅgānanda Prāsāda
ŚACINANDANA SWAMI