

# The Last Message

DAY 31 · 12 NOVEMBER, 2019

## KARTIK INSPIRATIONS 2019

RADHA AND KRISHNA'S LOTUS FEET  
CAN FULFILL ALL DESIRES BY LIFTING  
US OUT OF THE MATERIAL ATMOSPHERE,  
FULL OF OBSTACLES, TO A LEVEL OF  
UNLIMITED POSSIBILITY.

The last day of Kartik has arrived. Here in Vrindavan this is the last sprint for some. You can spot those who have practiced austerities - they are thin, their faces look worn down, their bodies are bent over from sitting many hours and chanting. I think they are a little relieved that this is the last day. But there is more to the conclusion of such a spiritual time than relief. We have had insights, we have found jewels that light the path for us. Please, review this month and take note which experiences stood out for you. An unreflected life is not really worth living.

When you have identified your treasure, see which applicable practice you can take out of it into your life after Kartik. For me being in Vrindavan and practicing spiritual life intensely is always a time of great breakthroughs. It seems that inner walls break down, my view becomes vast and I have the ability to see that which was hidden. Radha and Krishna always become so real for me, as real as the trees on the *parikrama* path, you can't ignore them, otherwise you bump into them.

What applicable practice will I take with me from this treasure? Well, I have discovered some enlightening guide and prayer books - *Prathana* and *Prema Bhakti Candrika* by Narrotama Das Thakur, Srila Prabhupada regularly quoted from these books. As is possible for me in the West, I have committed myself to study these books and apply the guidance and steps they mention which bring me closer to the desire trees of Vrindavan. Radha and Krishna's lotus feet can fulfill all desires by lifting us out of the material atmosphere, full of obstacles, to a level of unlimited possibility.

It has been a genuine pleasure to share my spontaneous insights and stay in contact with you via these Kartik inspirations. I also heard that we received a lot of appreciative feedback. We have come close by sharing experiences, including my intense health crash down, and I hope we will remain in close contact in the coming year and for many more Kartik months to come.

Here are some ways for us to stay in contact - please use them!

- Find me at some of the programs I will be at near you.
- Subscribe to my monthly newsletter at [www.sacinandaswami.com/en/s1a789/newsletter/saranagati-newsletter.html](http://www.sacinandaswami.com/en/s1a789/newsletter/saranagati-newsletter.html)
- Listen to recordings at [www.saranagati-library.net](http://www.saranagati-library.net) and [www.soundcloud.com/sacinandaswami/](http://www.soundcloud.com/sacinandaswami/) and [www.sacinandaswamipilgrimage.com](http://www.sacinandaswamipilgrimage.com)
- Read articles I write at [www.sacinandaswami.com](http://www.sacinandaswami.com) and
- Connect with me on social media:  
Facebook: [www.facebook.com/Sacinandana.Swami/](http://www.facebook.com/Sacinandana.Swami/)  
Instagram: [www.instagram.com/sacinandaswamiofficial/](http://www.instagram.com/sacinandaswamiofficial/)  
Twitter: [www.twitter.com/sacinandana/](http://www.twitter.com/sacinandana/)

All the best!

My prayers go out to each and every one of you.  
Hare Krishna.