

# Giving Blessings

DAY 17 · 29 OCTOBER, 2019

## KARTIK INSPIRATIONS 2019

WHEN  
SOMEONE  
ASKS YOU FOR  
BLESSINGS,  
TURN TO THE  
LORD AND  
HIS QUEEN.



On one of the first days after I arrived in Vrindavan, I went to one of my favorite holy places, Govinda Kund, and on the way there I met someone who knows me since a long time. He asked, “Oh, Maharaja, nice to see you. My life is a bit difficult at the moment. Kindly give me your blessings so that I may overcome these problems.”

I’m often asked to wish someone well, to pray for people and to bless them. I used to feel uncomfortable with this because I didn’t know how to do it. Maybe you are also sometimes asked to send your good wishes and you may ask yourself, ‘How can I do this?’

The art of receiving blessings is clear. You open your heart in a humble state of mind and render some service to the person. The art of giving blessings, however, is less known. Here are three things you can do when someone asks you to either pray for them or give blessings:

- 1) First, connect with the person as they are at the present moment, connect with their situation in as much detail as is possible for you.
- 2) Secondly, understand that your blessings are of limited potency because you are a limited being. However, you can turn to the Lord, Param purusha - Purushottama, the highest of all beings and ask Him: “Here is this person in this situation. Kindly empower them, kindly invest Your energy and Your blessings into them and their life.”
- 3) Thirdly, wish this person well from your own heart.

See, if you give blessings on your own, they may have an effect, but it will be limited. On the other hand, if you turn towards the Lord and His queen, Srimati Radharani, and ask Them to bless this particular person, and then send your good wishes, it works! I’ve seen miracles happening to people when one blesses them or prays for them like this. Please try it next time you are asked to bless.