

Kartik Inspirations 2016

Kartik Inspiration Day 30 . 14 NOVEMBER, 2016

THE KEY TO GOOD CHANTING

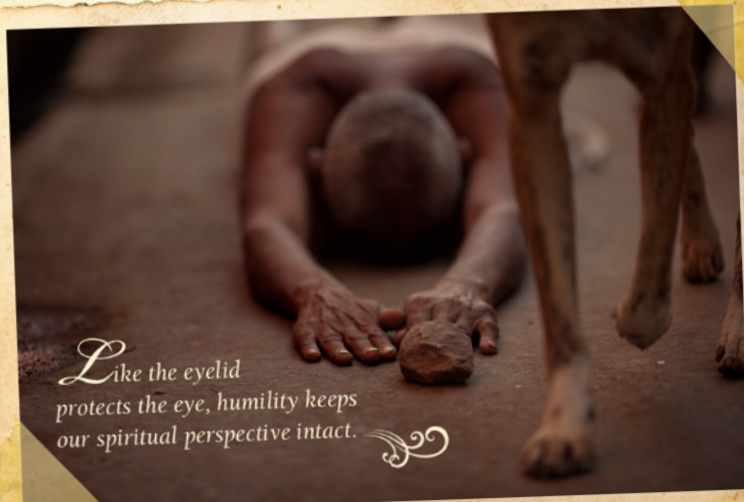
We all know that according to Sri Chaitanya Mahaprabhu the key to good chanting is developing humility. Srila Bhaktivinoda Thakur wrote that if you desire to engage in chanting Krishna's names and glories, you should do everything you can to gain the necessary qualifications. Cultivate the following qualities: humility, tolerance, compassion, respect for others and indifference to wordly honors. Then you can always chant the Holy Name.

To me, humility is to our spiritual life like the eyelid protecting the eye – without it the eye would dry out and lose its vision. In the same way humility keeps our spiritual perspective intact, so it doesn't dry out.

Humility is a big subject. There are many things one has to observe like giving up false pride and considering oneself insignificant. But in truth, the test of humility is practising tolerance – tolerance of others' mistakes, tolerance of what the surrounding world does to you and so on – tolerance so strong, you never ever give up the path, no matter what.

Ultimately, we need to pray for the strength of heart to be humble and tolerant, to remain compassionate to others, to respect them and not care so much about our own fame. This strength needs to be given to us, but if we want it and aspire for it, the Lord will certainly grant it to us.

It was my pleasure to serve you with these Kartik inspirations. We will try to post more inspirations on the known web- and social media sites. Please, let us stay in contact.



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protects the eye, humility keeps
our spiritual perspective intact.*

ŚACĪNANDANA
Swami