

Kartik Inspirations 2016

Kartik Inspiration Day 11 . 26 OCTOBER, 2016

THE KARTIK MIND SCHOOL

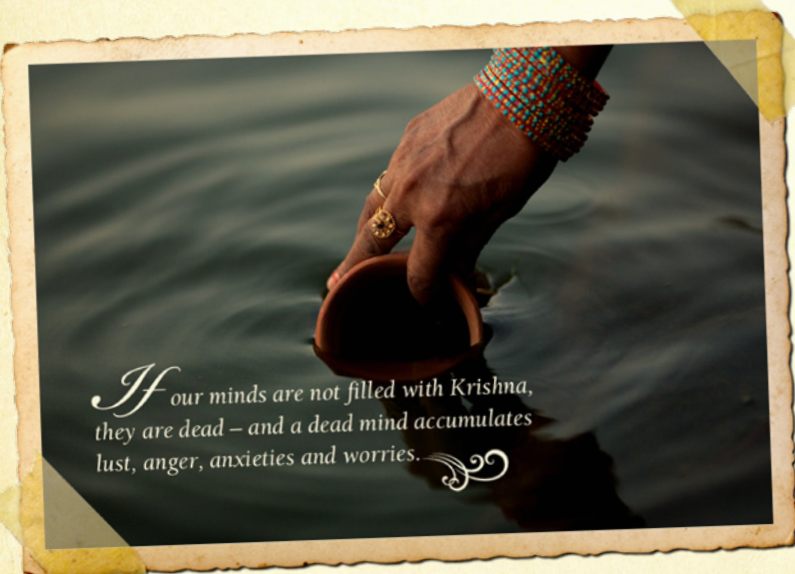
If our minds are not filled with Krishna, they are dead – and a dead mind accumulates lust, anger, anxieties and worries.

What will happen, if you leave a dead body unattended? When the soul has left and the body lies somewhere, unattended, in India soon dogs, jackals and vultures will feast on it, in Europe bugs gather. The same thing happens when the thought of Krishna, the soul of the mind, leaves the mind: unwanted visitors and guests gather – lust, greed, unlimited anxieties and worries, feelings of hatred towards others. All these things crowd a mind which is not filled spiritually with thoughts of Krishna.

I have personally experienced this. Once, in Varshana during a *japa*-retreat, I was tired and needed to rest, so I lay down under a shady tree to sleep. In my sleep I noticed that something was wrong and I started to wake up. As I was awake, or half-awake, I saw two vultures, who thought I was dead, sitting close to me, and others circling in the air.

This is what happens when your mind dies spiritually. Many unwanted vultures gather and give you trouble. Therefore, it is highly important to not remain indifferent whenever you notice you have unwanted guests in your mind while you chant, or while you go through life in general. Immediately bring Krishna back by chanting His name, thinking of Him, anything.

Please, it is a matter of life and death. We can't be indifferent to this.



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ŚACĪNANDANA
Swami